

Heathwood Hall Episcopal School

2008-2009 Sports Information

	preseason practice begins	regular season begins	regular season ends	tournament period & other info
<u>Fall</u>				
Varsity Football	8/4	8/29	10/31	11/7 to 11/21
JV Football (8-9)	8/11	9/4	10/30	N/A
B-Squad Football (6-7)	8/18	9/11	10/30	N/A
Varsity Volleyball	8/4	8/18	10/21	10/23 to 10/28
JV Volleyball	8/4	8/18	10/21	10/21
Girls Varsity Tennis	8/6	8/18	10/17	10/20 to 10/25
Girls JV Tennis	8/6	8/18	10/17	N/A
Cross Country	8/4	8/18	10/15	10/18
Varsity Cheerleading	8/11	8/29	10/31	11/7 to 11/21
JV Cheerleading	8/11	9/4	10/30	N/A
B-Squad Cheerleading (6-7)	8/11	9/6	10/30	N/A
Swimming	8/4	8/18	10/8	10/11 Tentative State Meet
Girls Golf	8/4	8/18	10/6	10/8
<u>Winter</u>				
Basketball (Varsity)	11/3	11/17	2/17	2/20-2/28
Basketball (Junior Varsity)	11/3	11/17	2/12	2/16 & 2/18
Middle School Basketball	11/3	11/17	1/30	2/2 & 2/4
6 th Grade Basketball	11/10	TBA	TBA	2/16 to 3/3
Wrestling	11/3	11/17	1/29	1/31 & 2/7
Cheerleading	11/3	11/17	2/13	Same as basketball
Bowling	10/6	11/10	1/15	1/17 Tentative
<u>Spring</u>				
Baseball	1/19	3/2	4/24	4/27-5/14
Boys Tennis	1/19	3/2	4/24	4/27-5/4
Track (boys and girls)	1/19	3/2	4/18	5/2
Soccer (boys and girls)	1/19	3/2	5/1	5/4-5/19
Golf	1/19	3/2	4/24	4/27-4/28
Lacrosse (boys)	1/19	3/2	TBA	TBA
Lacrosse (girls)	1/19	3/2	TBA	TBA
Junior Varsity Softball	1/19	3/2	TBA	N/A
Clay Target	1/19	3/2	TBA	TBA

Students are expected to attend all preseason and regular season tryouts, practices and competitions. The failure do so may preclude a student from playing in competitions or being a member of a team.