



## IMS Expeditions Program Fishing

*The Intermediate/Middle School (IMS) Expeditions program is a series of month-long events designed to offer challenge, adventure, and personal growth through activities that require skill and practice and take place in natural venues, sometimes in remote locations.*

The Fishing Expedition is a program designed specifically for IMS students who are serious about fishing. Students learn and practice a variety of freshwater fishing techniques, including spin fishing and fly fishing, catch-and-release practices, fish identification, and fish cleaning from the experts at the Department of Natural Resources. Cost is \$25 per day and includes all fishing equipment (students may bring their own equipment) and instruction.

### FISHING EXPEDITION SCHEDULE

S, March 20	Time and Site TBA	Spin Fishing
S, Apr 17	Time and Site TBA	Fly Fishing

### SPECIFIC OBJECTIVES for the Fishing Expedition Program

In fulfilling the PEAK mission and related values, the Fishing Expedition program specifically addresses the following objectives:

- To introduce, develop and enhance skills related to freshwater fishing.
- To provide opportunity for personal growth in the areas of self-confidence and self-reliance by challenging limits of physical and emotional comfort and ability.
- To provide opportunity for the development of leadership qualities including the ability to focus on a very specific task, problem solve, and work steadfastly on personal improvement.
- To introduce team members to freshwater fishing through participation in a variety of fishing styles and venues.

### LOGISTICAL INFORMATION

Fishing sites will be determined by the rangers with the Department of Natural Resources. Parents should plan to transport students to and from fishing sites on days of the program. Students should bring the following items to all fishing sessions:

- loose fitting clothing
- closed-toed shoes that can get wet
- Water bottle (snack, maybe lunch)
- Sunscreen
- Fishing gear if using their own

# Registration Form

Program Fishing Expedition

Dates as per Fishing Expedition Schedule

Participant \_\_\_\_\_ Teacher/Advisor \_\_\_\_\_

Parents \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Address \_\_\_\_\_ Cell/Beeper \_\_\_\_\_ Email \_\_\_\_\_

**ALL fees DUE PRIOR to Program/Event (Make checks payable to HEATHWOOD HALL)**

Cost \$25/day      Paid \_\_\_\_\_      Date \_\_\_\_\_      Check #/Cash \_\_\_\_\_

## ASSUMPTION of RISK

- There are significant elements of risk in any adventure activity associated with paddling, biking, camping, backpacking, hiking, mountaineering, climbing, (referred to herein as the "Activity") and the use of any equipment related thereto (collectively referred to herein as "Activity".) Although the School has taken reasonable steps to provide appropriate gear and instruction, the School acknowledges that this Activity is not without risk. Certain risks cannot be eliminated without destroying the unique character of the Activity. The same elements that contribute to the unique character of the Activity can be causes of loss or damage to equipment, accidental injury, illness, and in extreme cases, permanent trauma or death.
  - The School does not want to frighten or reduce enthusiasm for this Activity, but it is important to know in advance what to expect and to be informed of the inherent risks in participating in the Activity. The following describes some, but not all, of those risks:
    1. Fall from heights that may result in personal injury.
    2. Heat related illnesses including heat exhaustion and heat stroke.
    3. River crossings, trail travel, or travel to or from the Activity.
    4. Cold weather related injuries, including hypothermia, frostnip/frostbite that may result in loss of limbs, digits and/or permanent scarring.
    5. Loss of sense of balance, physical coordination, and ability to follow instructions and actions of instructors and other participants
    6. Altitude related sicknesses, including acute mountain sickness, pulmonary edema, cerebral edema and/or retinal hemorrhage.
    7. Acts of nature that may include avalanche, rock fall, crevasse fall, inclement weather, high winds, and severe cold.
    8. Equipment failure.
    9. Accidents or illnesses that occur in remote places where there are no available medical facilities.
  - In consideration of Heathwood Hall Episcopal School, their administrators, employees, and all other persons or entities associated with Heathwood, (hereinafter, collectively referred to as the School), I agree as follows:
    - \* I am aware that the Activity entails risk of injury or death to the participant. I understand the description of these risks is not complete and that other unknown or anticipated risks may result in injury, illness or death. I agree to assume responsibility for the risks identified herein and those risks not specifically identified. Participation in the Activity is purely voluntary. No one is forcing me/my child to participate. I elect to participate/have my child participate in spite of the risks inherent in the Activity. I/my child possess(es) at least the following qualifications, which I understand are prerequisites to participate in this activity.
      - \* I/my child am/is physically and mentally capable of participating in the activity and/or using the equipment.
      - \* I/my child am/is safety conscious and acknowledges that wearing an UIAA approved helmet may be a basic safety precaution with respect to preventing head injury.
      - \* I acknowledge that if, during the activity, I/my child experience(s) fatigue, chill and/or dizziness, my/his or her reaction time may be diminished and the risk of accident increased. I certify that I/my child am/is fully capable of participating in this activity. Therefore, I assume full responsibility for myself/my child for bodily injury, accidents, illness, death, loss of personal property and expense thereof as a result of participation in the Activity.
      - \* I further agree to hold the School, including its directors, officers, employees, agents and servants, harmless from any and all claims, damages, expenses or other losses of any nature that may arise as a result of my/my child's participation in the Activity.
- I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this agreement shall be binding upon myself, my heirs, assigns, personal representatives, and estate and for all members of my family.
- Furthermore, I give permission to use my/my child's photo in any PEAK Outdoor Center/Heathwood Hall publication.

\_\_\_\_\_  
Signature of parent/guardian

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Date